

Detox & Weight Loss



By
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Weight gain stems from a variety of issues ranging from *stress* to sleeplessness to *toxicity*.

Did you ever wonder why two people can eat exactly the same amount of calories and one will lose weight while the other gains?

Do you wonder why you experience unexplainable aches and headaches? Are you tired or just toxic?

The roots of these seemingly diverse problems are basic disruptions in the chemical processes of *metabolism* and *detoxification*. You need to DETOXYFY your body.

When considering the design of the body, it helps to view it as a flow system. The body needs to take in, as well as to let go, particularly through the pathways of elimination.

It is essential that these drainage pathways remain open and flowing.

The gastrointestinal system, lymphatic system, liver, kidneys, lungs, and skin are some of the systems that require proper flow. Poor nutrition and toxic load can congest the drainage pathways, causing a buildup of toxins and forcing them deep into the cells. When the drainage pathways become congested, irritability, inability to sleep soundly, weight gain, chronic fatigue, muscle aches, inflammation, skin problems or disease may soon follow.

IT'S TIME TO ELIMINATE YOUR BODY OF TOXIC BUILDUP!

Call to schedule your evaluation today!

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